

Aftercare & Advice: Skin Lesion Removal



You can usually go home as soon as you feel ready. We will give you a date for a follow-up appointment and to have any stitches taken out.

If you've had a local anaesthetic to remove your skin lesion, it may take an hour or two before the feeling comes back. Take care not to bump or knock the affected area, and don't have hot drinks if it's numb anywhere near your mouth. Your wound may feel tender and sore after the anaesthetic has worn off.

If you need pain relief, you can take **over-the-counter painkillers** such as paracetamol.

Healing time

Depending on the type and size of the skin lesion you have had removed, it can take a few weeks for your wound to heal.

We will give you specific advice relating to the type of procedure you've had. Please follow the following guide to aid your recovery.

- avoid touching or scratching the affected area, particularly if you've had stitches
- keep the wound dry for up to 48 hours or until dressings have been removed, then clean gently every day
- avoid picking scabs that form or doing anything to accidentally dislodge them
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If the area where your skin lesion was removed gets increasingly painful or becomes red and sore, please contact us as soon as possible.